

Full Report (All Nutrients) 45134706, HEALTHY CHOICE Country Herb Chicken Complete Meal, UNPREPARED, GTIN: 00050100459659

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: July 08, 2017 20:02 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Conagra Brands

Nutrient	Unit	Data points	Std. Error	1 Meal (321g) 321g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	279	87
Protein	g	--	--	18.01	5.61
Total lipid (fat)	g	--	--	5.01	1.56
Carbohydrate, by difference	g	--	--	39.00	12.15
Fiber, total dietary	g	--	--	5.1	1.6
Sugars, total	g	--	--	14.99	4.67
Minerals					
Calcium, Ca	mg	--	--	39	12
Iron, Fe	mg	--	--	0.71	0.22
Potassium, K	mg	--	--	770	240
Sodium, Na	mg	--	--	469	146
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	6.1	1.9
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.990	0.620
Fatty acids, total monounsaturated	g	--	--	1.990	0.620
Fatty acids, total polyunsaturated	g	--	--	0.995	0.310
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	45	14

Amino Acids

Nutrient	Unit	Data points	Std. Error	1 Meal (321g) 321g	1 Value Per100 g
Other					
Ingredients					
WHITE MEAT CHICKEN PATTY (WHITE MEAT CHICKEN, WATER, CONTAINS 2% OR LESS OF: ISOLATED SOY PROTEIN PRODUCT [ISOLATED SOY PROTEIN, MODIFIED POTATO STARCH, CORN STARCH, CARRAGEENAN, SOY LECITHIN], DEXTROSE, SALT, POTASSIUM CHLORIDE, FLAVORING), ROASTED RED POTATOES (RED POTATOES, CANOLA OIL, SALT, MALTODEXTRIN, WHEAT STARCH, DRIED ONION, SUGAR, RED BELL PEPPER, CORN STARCH, PARSLEY, PAPRIKA, SPICES, NATURAL FLAVOR, CARAMEL COLOR, GARLIC, TURMERIC EXTRACT, ANNATTO EXTRACT, CITRIC ACID, SODIUM ACID PYROPHOSPHATE, DEXTROSE), GRAVY (WATER, SHERRY WINE [SULFITING AGENTS], MODIFIED CORN STARCH, SWEET CREAM POWDER [CREAM, NONFAT MILK, SODIUM CASEINATE], CONTAINS 2% OR LESS OF: CHICKEN FLAVOR [CONTAINS CHICKEN BROTH, XANTHAN GUM, ASCORBIC ACID, YEAST EXTRACT, CITRIC ACID], SOYBEAN OIL, SALT, ONION POWDER, GARLIC POWDER, FLAVORINGS, CARAMEL COLOR), CORN, WATER, CHERRIES, BLUEBERRIES, BROWN SUGAR, CONTAINS 2% OR LESS OF: CHERRY JUICE CONCENTRATE, MODIFIED CORN STARCH, ACETYLATED MONOGLYCERIDES, ALMOND EXTRACT, SALT, SUGAR, MALIC ACID. CONTAINS: MILK, SOY, WHEAT. <i>Date Available: 03/09/2017 Date Last Updated by Company: 03/09/2017</i>					